

# COMPETITION DESCRIPTION

## 1. NAME, DATE, AND VENUE:

**XII GRAND PRIX BY ALEKSANDRA KOBIELAK WORLD CHAMPIONSHIP**  
**October 24–26, 2025**

## 2. ORGANIZERS:

Aleksandra Kobiela Sports Fitness Academy Association, Polish Federation of Sports Fitness, under the patronage of the City of Gdańsk

 [www.akademiafitness.eu](http://www.akademiafitness.eu) | [www.fitnessfederation.eu](http://www.fitnessfederation.eu)

## 3. OBJECTIVES:

- ▶ To promote the discipline of Sports Fitness
- ▶ To encourage a healthy lifestyle through Sports Fitness
- ▶ To select the winners of the competition

## 4. RULES AND REGULATIONS:

The competition will be held in accordance with the following regulations (please review):


- Event regulations (non-mass event): <https://www.akademiafitness.eu/formularze>
- Competition regulations: [www.akademiafitness.eu/przepisy-na-zawodach](http://www.akademiafitness.eu/przepisy-na-zawodach)

## 5. GUIDELINES:

Applications, athlete license confirmation, and music submissions must be completed **by October 3, 2025**.

- ▶ For organizational reasons, athletes must be registered exclusively by their coaches via the **ONLINE REGISTRATION FORM** (see Section 7 for details).

Only online applications will be accepted. Due to safety standards, the number of participants is limited – applications will be processed in the order received.

 **IMPORTANT:** Coaches registering their clubs are fully responsible for ensuring that athletes are entered into the correct age and skill categories. Please complete the forms carefully.

- ▶ **Licenses for new athletes** – submission of a license application together with a document confirming the athlete's date of birth (not required for athletes who already hold a valid 2025 license). See Section 10 for license details.

- ▶ **Music** – must be sent via [www.wetransfer.com](http://www.wetransfer.com) to "fitnesspolandteam@gmail.com". Clubs should upload all tracks together in one transfer.

✔ A complete application = athlete registration + license submission + music submission (all by the deadline).

## 6. CATEGORIES:

Categories for the 12th Aleksandra Kobiela Grand Prix World Championship in Sports Fitness (with daily schedules) will be published **after October 13, 2025**, once all applications are collected.

Divisions by age and skill level: **Fitness Dance, Fitness Show, Fitness Acrobatic, Fitness Performance (on the floor without tatami mats).**

- **Fitness Dance** (ages 5 to 18+)
- **Fitness Show** (ages 5 to 18+)
- **Fitness Show Boys** (ages 5 to 18+)
- **Fitness Acrobatic** (ages 5 to 18+)
- **Fitness Performance** (ages 5 to 18+)

Group formats:

- Duo (age based on average of both athletes)
- Trio (average age of three athletes)
- Groups (4–10 athletes)
- Formations (11+ athletes)

**Age calculation method:**

- 0–12 years (0–12.99)
- 13–15 years (13.00–15.99)
- 16+ (16.00 and above)  
(based on birth year, not exact birth date).

👉 Fitness Dance, Fitness Show, Fitness Acrobatic, and Fitness Performance are divided into male and female categories. Each athlete may choose only ONE skill-level category.

👉 Fitness Performance may be entered in addition to another category, or as a stand-alone event.

👉 Organizers reserve the right to merge age groups if fewer than 5 athletes register in a given category.

## NEW OPEN CATEGORIES:

- Fitness Model
- Fitness Figure
- Sport Fitness

(Regulations available at: <https://fitnessfederation.eu/regulamin-i-przepisy>)

The detailed schedule, final categories, and registration times will be published after **October 13, 2025**.

## 7. REGISTRATION – ENTRY FORM

Registration is exclusively via the official **ENTRY FORM**.

Athletes must be registered by their clubs. For each athlete, the school name (kindergarten, primary, high school, university, etc.) must also be provided.

### How to register:

a) Click the link ►► ENTRY FORM ◀◀

b) Fill in club details:

- coach's name
- club name
- city
- phone number
- email address

c) Select category: Fitness Dance Solo / Fitness Show Solo / Fitness Acrobatic Solo / Fitness Performance Solo / DUO / TRIO / Group / Formation / Fitness Model / Fitness Figure / Sport Fitness

d) Fill in athlete details (name, gender, birth date). For duos and trios, provide details for each athlete separately.

Submit → Your registration will be saved. → Click "submit another response" to register more athletes.

## 8. FEES

Participation fees can be paid by bank transfer until **October 10, 2025**, or **in cash on registration day (October 24, 2025)**.

Polish Federation of Sports Fitness

Bank account: 62 1240 1271 1111 0011 0481 4283

Reference: Entry fee – 12th Aleksandra Kobiela Grand Prix World Championship + “Club Name”

### **Entry fees (with valid license, applications submitted by October 3, 2025):**

- 180 PLN / person – SOLO (40 euro/ per dancer)
- 150 PLN / person – DUO (300 PLN per duo) (33 euro/ per dancer)
- 150 PLN / person – TRIO (450 PLN per trio) (33 euro/ per dancer)
- 80 PLN / person – GROUPS / FORMATIONS (18 euro / per dancer)

### **Entry fees (late applications after October 3, 2025 – no entries accepted after deadline):**

- 230 PLN / person – SOLO
- 200 PLN / person – DUO (400 PLN per duo)
- 200 PLN / person – TRIO (600 PLN per trio)
- 130 PLN / person – GROUPS / FORMATIONS

🏆 Awards: Every athlete on the podium receives their own cup, medal, and diploma (for duos/trios – each member receives a full set). Groups/formations receive individual medals and diplomas, plus one shared cup.

! Entry fees are non-refundable except in cases of documented injury.

## 9. VERIFICATION – October 24, 2025

Verification applies only to athletes registered online by the deadline.

Process:

- Document check (ID or license booklet)
- Start number assignment
- Entry fee payment confirmation
- Parent-signed health and RODO consent forms (templates available online).

## 10. ATHLETE LICENSES – POLISH FEDERATION OF SPORTS FITNESS

Since 2022, athlete licenses are mandatory.

The license is issued as a booklet containing personal data, debut date, photo, and license number. It must be submitted at every competition for validation.

**Cost:** 50 PLN per year.

**Benefits:**

- 50% discount on entry fees
- Free official confirmation of sports achievements
- Acts as birth date confirmation at verification (no need for extra documents).

**How to obtain a license:**

1. Coach submits athlete data via form (available online) to:  
fitnesspolandteam@gmail.com
2. Attach a scan/photo confirming date of birth
3. Pay 50 PLN per athlete to:  
Polish Federation of Sports Fitness  
Bank Pekao 62 1240 1271 1111 0011 0481 4283

Licenses will be issued and available for collection on competition day.

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